



READY FOR LIFE SUMMER CAMP

AT HOPE COLLEGE, HOLLAND, MI

This summer come join us as we learn about how to live a healthy life. Each week, campers with intellectual disabilities ages 14+, will have the opportunity to discover new ways to apply healthy strategies to their everyday life. Through cooking, exercise, daily activities and exploration of new places, campers will gain the skills they need to live healthy lives!

Dates

Week 1 - June 15-18
Week 2 - June 22-25
No Camp - June 29-July 2
Week 3 - July 6-9
Week 4 - July 13-16

9:00am-3:00pm Daily

Cost

\$850 -All 4 Weeks
\$250/Week
\$65/Day

Instructor

Melissa VanderZwaag

To download the application, got to www.rflnetwork.org/summercamp